

## **Bourne Recreation Swish League: Grades 3 & 4 (Boys & Girls)**

During the first couple of weeks referees will blow the whistle to stop play, briefly instruct the players on rule violations, and how to correct it. As the season progresses, the calls will become more strict.

### **Game Rules:**

#### **Travel & Double Dribble:**

- Referees will be enforcing both travelling and double dribble violations.

#### **Inbounding:**

- During the inbound, players must pass the ball in. Handing off the ball is not allowed. The team with possession must keep their feet behind the baseline/sideline. Players will be warned, a second violation of this rule will result in a turnover.
- On the inbound, defending players must give inbound player 2ft.
- An offensive player must inbound a pass within five seconds. A violation of this rule is considered a "delay of game" and will result in a turnover.
- A player making an inbound pass at half court may pass to either the frontcourt or backcourt.

#### **Front & Back Court:**

- Once the ball is brought into the frontcourt by an offensive player it may not be handled in the backcourt by an offensive player. A violation in this rule will result in a turnover.
- Offensive players in the frontcourt must vacate the lane within three seconds upon entering the lane. This is known as the "three second rule". A violation in this rule will result in the turnover.
- Following the score by the opposition, the offensive team has 10 seconds to bring the ball into the frontcourt. A violation of this rule is considered a "delay of game" and will result in a turnover.
- Defensive players cannot guard offensive players in the backcourt. If the defensive team gains possession on the rebound, all opposing players must clear the backcourt.

#### **Free Throws:**

- A player attempting a free throw must start their shot before the free throw line, but may land on or over the line.
- Players may not attempt to rebound the ball until the ball has touched the rim. A violation of this rule by the offensive team will result in a loss of the shot, whether the attempt is good or not. A violation of this rule by a defensive player will result in an additional shot if it is missed, no penalty if the shot is made. If this violation occurs during a one and one situation by the offensive team, this results in a turn over. Defensive one on one violation on a missed shot awards the offense another shot.

#### **Defense:**

- Defenders are to only set up in a "man-to-man" defensive formation.
- **Double teaming outside of the key is an illegal defense.**

*Any game ruling not addressed by this document or by the Bourne Recreation Department will be at the referee's discretion. All efforts will be made to ensure consistency in the officiating.*